FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1	Address of Reporting	g Person [*]	2. Issuer Name and Ticker or Trading Symbol <u>LANDSTAR SYSTEM INC</u> [LSTR]		tionship of Reporting Person(s) to Issuer : all applicable) Director 10% Owner						
(Last) 13410 SUT			3. Date of Earliest Transaction (Month/Day/Year) 03/12/2008	x	Director Officer (give title below) VP, Chief Safe	Other (specify below)					
(Street) JACKSONVILLE FL (City) (State)		32224 (Zip)	 4. If Amendment, Date of Original Filed (Month/Day/Year) 	6. Indi Line) X	,						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

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1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(1150.4)	(Instr. 4)
Common Stock	03/12/2008		М		2,200	Α	\$13.1075	14,760	D	
Common Stock	03/12/2008		М		800	A	\$14.6207	15,560	D	
Common Stock	03/12/2008		S		1,979	D	\$47.28	13,581	D	
Common Stock	03/12/2008		S		100	D	\$47.29	13,481	D	
Common Stock	03/12/2008		S		101	D	\$47.57	13,380	D	
Common Stock	03/12/2008		S		220	D	\$47.71	13,160	D	
Common Stock	03/12/2008		S		300	D	\$47.73	12,860	D	
Common Stock	03/12/2008		S		300	D	\$47.75	12,560	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.) 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to buy)	\$13.1075	03/12/2008		М			2,200	02/05/2008	02/05/2013	Common Stock	2,200	\$ <u>0</u>	2,920	D	
Stock Options (Right to buy)	\$14.6207	03/12/2008		М			800	01/02/2008	01/02/2013	Common Stock	800	\$0	0	D	

Explanation of Responses:

L. Kevin Stout, Attorney-infact

03/14/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.