FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GERKENS HENRY H	2. <u>L</u>	Issuer Name and Ticl	er or Trad	ding \$	Symbol [LSTR		Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>JERNENO HENKT II</u>	⊢	Date of Earliest Trans				X	Director 10% (
(Last) (First) (Middle)		8/23/2005	,		,	X	Officer (give title below)	Other below	(specify)		
13410 SUTTON PARK DRIVE SOUTH							President & CEO				
(Ctra at)	4.	If Amendment, Date	of Origina	l File	d (Month/Day/	6. Indi Line)	6. Individual or Joint/Group Filing (Check Applicable				
(Street) JACKSONVILLE FL 32224						X	l '				
(City) (State) (Zip)							Form filed by More than One Reporting Person				
	Non-Derivativ	re Securities Acc	quired,	Disp	oosed of, o	or Ben	eficially	Owned			
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Yea	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of and 5)			5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock	08/23/2005		S ⁽¹⁾		4,470	D	\$32.06	132,622	D		
Common Stock	08/23/2005		S ⁽¹⁾		150	D	\$32.08	132,472	D		
Common Stock	08/23/2005		S ⁽¹⁾		299	D	\$32.09	132,173	D		
Common Stock	08/23/2005		S ⁽¹⁾		500	D	\$32.1	131,673	D		
Common Stock	08/23/2005		S ⁽¹⁾		100	D	\$32.13	131,573	D		
Common Stock	08/23/2005		S ⁽¹⁾		2,500	D	\$32.23	129,073	D		
Common Stock	08/23/2005		S ⁽¹⁾		150	D	\$32.25	128,923	D		
Common Stock	08/23/2005		S ⁽¹⁾		1,052	D	\$32.26	127,871	D		
Common Stock	08/23/2005		S ⁽¹⁾		2,600	D	\$32.5	125,271	D		
Common Stock	08/23/2005		S ⁽¹⁾		50	D	\$32.51	125,221	D		
Common Stock	08/23/2005		S ⁽¹⁾		2,450	D	\$32.52	122,771	D		
Common Stock	08/23/2005		S ⁽¹⁾	Г	100	D	\$32.53	122,671	D		
Common Stock	08/23/2005		S ⁽¹⁾		100	D	\$32.58	122,571	D		
Common Stock	08/23/2005		S ⁽¹⁾		2,457	D	\$32.6	120,114	D		
Common Stock	08/23/2005		S ⁽¹⁾		200	D	\$32.61	119,914	D		
Common Stock	08/23/2005		S ⁽¹⁾		1,350	D	\$32.62	118,564	D		
Common Stock	08/23/2005		S ⁽¹⁾		600	D	\$32.63	117,964	D		
Common Stock	08/23/2005		S ⁽¹⁾		19	D	\$32.64	117,945	D		
Common Stock	08/23/2005		S ⁽¹⁾		100	D	\$32.66	117,845	D		
Common Stock	08/23/2005		S ⁽¹⁾		100	D	\$32.67	117,745	D		
Common Stock	08/23/2005		S ⁽¹⁾		503	D	\$32.7	117,242	D		
Common Stock	08/23/2005		S ⁽¹⁾		100	D	\$32.8	117,142	D		
Common Stock	08/23/2005		S ⁽¹⁾		50	D	\$32.9	117,092	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)				ate	d 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. The stock option exercises and sales of common stock reported on this Form 4 were effected pursuant to a rule 10b5-1 trading plan adopted by the reporting person.

James B. Gattoni, Attorney-in-08/24/2005 <u>fact</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.