## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> CROWE JEFFREY C				2. Issuer Name and LANDSTAR S	SYSTE	MI	NC [LST		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last)	(First)	3. Date of Earliest Tr 08/10/2004	ansaction	(Mon	h/Day/Year)		Officer (give title Ot		ther (specify elow)				
13410 SUT	TON PARK DRIV	4. If Amendment, Da	te of Origi	nal Fi	ed (Month/D		6. Individual or Joint/Group Filing (Check Applicable						
(Street) JACKSONVILLE FL 32224								X	Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)												
		Table I -	Non-Deriva	tive Securities A	cquirec	l, Di	sposed of	f, or Be	eneficially	Owned			
Date			2. Transaction Date (Month/Day/Ye	ar) 2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (II 8)		4. Securitie Disposed O 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirec Beneficial Ownershi (Instr. 4)	
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		1,000	D	\$50.23	177,149	D		
Common Sto	ock		08/11/2004	4	S <sup>(1)</sup>		1,800	D	\$50.24	175,349	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		900	D	\$50.25	174,449	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		3,048	D	\$50.26	171,401	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		508	D	\$50.27	170,893	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		100	D	\$50.28	170,793	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		625	D	\$50.29	170,168	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		300	D	\$50.3	169,868	D		
Common Sto	ock	08/11/200		4	<b>S</b> <sup>(1)</sup>		600	D	\$50.32	169,268	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		600	D	\$50.33	168,668	D		
Common Sto	Common Stock 08		08/11/2004	4	<b>S</b> <sup>(1)</sup>		100	D	\$50.34	168,568	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		700	D	\$50.35	167,868	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		200	D	\$50.69	167,668	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		200	D	\$50.7	167,468	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		300	D	\$50.7013	167,168	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		100	D	\$50.71	167,068	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		100	D	\$50.72	166,968	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		100	D	\$50.73	166,868	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		300	D	\$50.74	166,568	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		500	D	\$50.75	166,068	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		700	D	\$50.76	165,368	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		200	D	\$50.77	165,168	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		1,900	D	\$50.78	163,268	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		500	D	\$50.81	162,768	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		400	D	\$50.83	162,368	D		
Common Sto	ock		08/11/2004	4	<b>S</b> <sup>(1)</sup>		1,400	D	\$50.84	160,968	D		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securitie Disposed O 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(11341 4)	(
Common Stock	08/11/2004		<b>S</b> <sup>(1)</sup>		200	D	\$50.86	160,768	D	
Common Stock	08/11/2004		<b>S</b> <sup>(1)</sup>		400	D	\$50.99	160,368	D	
Common Stock	08/11/2004		<b>S</b> <sup>(1)</sup>		800	D	\$51	159,568	D	
Common Stock	08/11/2004		<b>S</b> <sup>(1)</sup>		200	D	\$51.02	159,368	D	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ittle and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	Beneficially Owned	Ownership Form: Direct (D)	Beneficial Ownership
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

## Explanation of Responses:

1. The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 17, 2004.

James B. Gattoni, Attorney-in-08/12/2004

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 \*\* Signature of Reporting Person
 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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