

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * LAROSE ROBERT C <hr/> (Last) (First) (Middle) 13410 SUTTON PARK DRIVE SOUTH <hr/> (Street) JACKSONVILLE FL 32224 <hr/> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol LANDSTAR SYSTEM INC [LSTR]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) Vice President & CFO
	3. Date of Earliest Transaction (Month/Day/Year) 10/20/2003	
		4. If Amendment, Date of Original Filed (Month/Day/Year)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	10/20/2003		M		7,369	A	\$17.867	32,152	D	
Common Stock	10/20/2003		M		5,365	A	\$19.4765	37,517	D	
Common Stock	10/20/2003		S		6,765	D	\$67	30,752	D	
Common Stock	10/20/2003		S		2,500	D	\$67.14	28,252	D	
Common Stock	10/20/2003		S		2,835	D	\$67.15	25,417	D	
Common Stock	10/20/2003		S		500	D	\$67.16	24,917	D	
Common Stock	10/20/2003		S		100	D	\$67.18	24,817	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to buy)	\$17.867	10/20/2003		M		7,369 ⁽¹⁾		02/10/2000	02/10/2009	Common Stock	7,369	\$17.867	1,962	D	
Stock Options (Right to buy)	\$19.4765	10/20/2003		M		5,365 ⁽²⁾		12/09/1999	12/09/2008	Common Stock	5,365	\$19.4765	3,721	D	

Explanation of Responses:

- Options became exercisable in the amount of 1,960 on 2/10/2000, 1,803 on 2/10/2001, 1,803 on 2/10/2002 and 1,803 on 2/10/2003.
- Options became exercisable in the amount of 3,075 on 12/9/1999 and 2,290 on 12/9/2000.

Robert C LaRose 10/21/2003

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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