FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMD ADDDOVAL									
OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CROWE JEFFREY C						2. Issuer Name and Ticker or Trading Symbol LANDSTAR SYSTEM INC [LSTR]								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	`	,	Middle)	3. Dat 08/22			iest Trar	saction (I	n/Day/Yea		C	Officer (give title below)			Other (
13410 SUTTON PARK DRIVE SOUTH						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
JACKSONVILLE FL 32224														X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Si	tate) (Zip)																
		Tab	le I - I	Non-Deriv	ative S	Sec	urit	ies Ac	quired,	Dis	posed o	of, or Be	eneficia	illy Ov	vne	d			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y					/Year) i	Execution Date,			3. Transac Code (Ir 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			l and Securi Benefi Owned		ties cially	Fori (D) (Indi	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price					ur. 4)	(mstr. 4)
Common Stock 08/22/200						05		M		17,06	4 A	\$5.85	\$5.8594		6,000		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	on Date,	4. Transact Code (In 8)		n of		6. Date E Expiratio (Month/D	n Da	e Amount of		of s ng e	Securi		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares						
Stock Options (Right to buy)	\$5.8594	08/22/2005			M			17,064	02/02/200	05 (02/02/2010	Common Stock	17,064	\$0		9,176		D	

Explanation of Responses:

James B. Gattoni, Attorney-infact 08/24/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).